

MMC PRE-ADMISSION CLINIC

The Importance of Authorisation from the Medical Aid?

Authorisation should be obtained by the patient or the Doctor's rooms. This is especially important because there may be a co-payment payable to the Hospital or Doctor on Admission.

Why Pre-Admission?

The aim is to make the patients' admission an easier process.

Who is eligible for Pre-Admission?

Patients who have: Major procedures (Caesarean Section, Hip Replacement); Minor or local procedures (e.g. Gastroscopies, Dental Extractions). Patients are expected to visit Pre-Admission personally —12 to 24 hours prior to the planned procedure.

What tests are done?

Pre-Admission will check the patient's height and weight. HBs are also checked. Blood pressure and blood glucose levels are checked if the patient's condition warrants these tests.

ECGs are done, depending on the patient's age, medical history and the nature of the planned procedure.

What is the process thereafter?

The respective Anaesthetist is informed of any abnormalities detected on the ECG. A Doctor (of the Anaesthetist or Patient's choice) is contacted should the Anaesthetist require investigations.

What if the patient is a minor (under 18)?

MMC's indemnity form is signed by a Parent or Legal Guardian.

What about briefing the Patient?

The patient's Doctor will explain the nature of the procedure and gain consent for the procedure during their consultation with the patient in the Doctor's rooms.

What does MMC require from Patients?

A letter from their Doctor, stating the planned procedure and the procedure code/s; ID document/Birth Certificate; Medical Aid Card. If necessary, patients are required to shave operative areas and remove all nail polish. They should leave all jewellery, large sums of cash, bank cards, cellphones, firearms at home. They are required to 'starve', according to their Doctor's instructions.

Cash Packages

MMC offers affordable and flexible cash packages for Maternity patients. Consult our Pre-Admissions or Admissions Department.

MMC sincerely appreciates your cooperation in this regard.



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